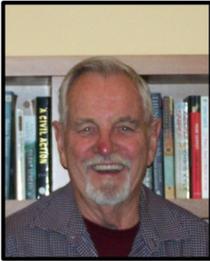


Eagle View Adult Center

March 2021



A Message from the Senior Advisory Board

Back in May of 2020, Jane Talbot wrote, “This too shall pass! We've heard this wisdom all of our lives, but never more true than at this time of “apartness.” We who enjoy Eagle View benefit from the feeling of closeness, by being together with our Eagle View Family. Well by golly she was right! It is passing, much too slowly for those of us who want to be at Eagle View playing cards, carving wood sculptures, exercising, and painting as well as a hundred other activities we participated in.

Well, it is coming, we just don't know when yet. What we do know is that we miss each other and the fun, the activities, and the fellowship! Even if you are one of those who have gotten your shots, please keep your masks and sanitizers close by, and use them until the “All Clear” is sounded and we are back to “Normal.” There is a light at the end of the tunnel and we will get there soon. We just have to hang in there a little longer!

-Bill Alsdorf, President, Senior Advisory Board-

Household Credit to Check Refund

After cancelling programs in March 2020, a lot of you were left with a household credit at EVAC. Please know that you are welcome to request a check refund whenever you would like. If you want to keep it as a household credit, that is OK as well. Please call 303-655-2075 for a refund.

Community Gardens Sign-Up

Eagle View Community Gardens have 14 raised planting beds to lease to seniors. Beds are raised 24” to allow gardening without excessive bending. Participants bring their own tools, seeds, and organic fertilizer and must agree to maintain their bed through the season. This year we are offering two beds for the price of one. To reserve a bed and arrange payment, please call 303-655-2075.

Start date: Thurs. Apr 1
\$20

Covid-19 and Eagle View Adult Center

Covid-19 has changed our lives over the past year and as we begin our plan to reopen, we know things won't look like they did before we closed our doors. When we do open back up, it will be important to understand that there will be fewer programs and activities, mandatory masks, and strict social distancing rules.

As things get safer and we adapt, you will see us add more activities until we get back to where we were in February 2020. Your safety is very important to us so we appreciate your patience while rebuilding the best active adult center.

Medical Lending Closet

Our lending closet has helped so many of you over the years! We received many phone calls at the beginning of Covid-19 wondering when we will start accepting returns. Well, the wait is over! For those that have something they want to return or donate, please call Eagle View at 303-655-2075 to set up a time for a contactless drop-off.



Follow and like us on Facebook to stay up-to-date on what's happening at Eagle View Adult Center. To find our page, please search Eagle View Adult Center on the Facebook app or on any internet browser.

1150 Prairie Center Parkway, Brighton, CO 80601

303-655-2075

www.brightonco.gov

Center & City Information

Eagle View Staff

Eagle View is still closed to the public, but that doesn't mean we aren't answering phone calls and helping where we can. If you have a question please don't hesitate to call 303-655-2075.

Outreach & Referral

Do you need help and unsure where to turn? Evon Benitez will assist you with completing forms and finding needed services over the phone! Call Evon at 303-655-2079. Be sure to leave a detailed message as she is often on the phone helping others.

VOA Food Delivery

Volunteers are delivering boxes of frozen meals to seniors in Brighton every Thursday. The boxes contain five meals and can be delivered weekly or every other week. You can start and stop your registration as often as you like. If you would like to find out how you can receive meals, call the center at 303-655-2075.

Covid-19 Vaccines

Do you have a question about Covid-19 vaccines? Call the Colorado Vaccine Hotline at 1-877-268-2926. If you are 60+ and need further assistance, please feel free to call Eagle View at 303-655-2075.

LEAP

LEAP is designed to assist low-income households with paying their winter home heating costs. Contact Evon Benitez at 303-655-2079 with questions. Submit your application no later than Fri. Apr 30.

Via Mobility

Via buses provide specialized transportation within the City of Brighton, Mon - Fri. Via can take you to medical appointments and grocery shopping. New Via users - call 303-447-2848 ex 1014 to get started. To schedule rides, call 303-447-9636.

Almost Home

This Brighton agency provides rental and mortgage assistance to those facing housing instability. They also offer utilities assistance, as well as assistance with paying water bills with the City of Brighton. To find out more, call 303-659-6911. Or go to their webpage at Almosthomeonline.org

Brighton Weekly

The City of Brighton communications department publishes a weekly email newsletter that highlights information about City updates, programs, and helpful information. You can sign up online: <https://brightonco.gov/279/City-Media>.

Help for Homes

The City of Brighton and Brothers Redevelopment, Inc. will begin accepting applications for the 16th Annual Help for Homes community project. The program brings volunteers and neighbors together to paint or fix up homes needing minor exterior repairs and perform general yard clean up for income eligible seniors. This year, the community-wide project will be Saturday, June 12.

Weekly E-Blast

The center has seen a significant change in the way we program for Brighton's active adults since closing due to COVID. As we continue to adapt, we continue to grow our virtual programs. Below you will find our current classes and some upcoming happenings. For more information on what we are offering please sign up for our weekly "E-Blast" email by calling Eagle View at 303-655-2075 or by emailing evacinfo@brightonco.gov.

Ongoing Free Zoom Classes

- Silver Sneakers: Power and Mobility (Mon.)
- Move and Be Fit with Rosalie Farrer (Tues.)
- Yoga All Levels with Carolyn Priola (Tues.)
- Silver Sneaker: Cardio Fit (Wed.)
- Zumba with Rosalie Farrer (Thurs.)
- Move It or Lose It with Dottie LaFleur (Thurs.)
- Line Dance with Rosalie Farrer (Fri.)

Upcoming Happenings

- Bingo by Zoom & Phone (twice a month)
- Feathered Friends w/Raptor Education Foundation
- Nature's Educators and Bird Conservancy Classes
- Active Minds Programs (Monthly)
- CSU Extension Programs
- Colorado and Denver History Programs
- Educational Programs with Paul Flanders
- Alzheimer's Association Classes